



Pre-Operative Anesthesia Instructions for Outpatients

Intravenous Sedation and/or Monitored Anesthesia Care

1. Do not eat or drink anything, including water, after midnight the night before your operation. Likewise, do not eat or drink anything including water, on the day of your operation.

Do not eat, drink, chew gum, or suck on candy, even if “sugar free.” If this is not strictly followed, your anesthetic may have to be canceled!

2. You must arrange to have a responsible adult companion physically present in the Surgical Day Care Unit at the time of discharge to escort you home. This person should be able to help walk / take care of patient.

If this is not clearly and positively established prior to your operation, your anesthetic may have to be canceled. You cannot go home alone by taxi, subway, or bus. You should not operate or drive any vehicle for twenty four hours after surgery. This is for your safety.

3. Patients under age eighteen must have a parent or legal guardian present at the time of surgery in order to give written consent for anesthesia.

4. Bring a list of all medicines you are now taking. Include with this list the doses, how often, and when you take the medicines.

5. Check with your surgeon about taking any medicine on the day of surgery.

6. If you start to develop or have a cold, fever, or any other acute illness, call your surgeon's office.

7. Arrive at your appointment at least fifteen minutes prior to your scheduled surgery.

Patients who arrive late may have to have their surgery rescheduled for another day.

8. Pregnant women cannot receive anesthesia for non-emergency surgery.

Female patients may be asked to do a pregnancy test at the time of appointment.